

HELIX AUTOSPORT
Aluminium Flywheels

| Application | Year | Helix Autosport Part No | Clutch Size | No of Disc | Weight KG |
|--|----------|-------------------------|-------------|------------|-----------|
| BMW | | | | | |
| M3 (E30) | 1986-90 | RPF 5320 | 228mm | 1 | |
| CITROEN | | | | | |
| Saxo 1.6ltr | 1996--99 | RPF 1061 | 200mm | 1 | 2.9 |
| Saxo 1.6ltr | 2000--> | RPF 1062 | 200mm | 1 | 2.9 |
| FIAT | | | | | |
| Punto 1.4 Gt Turbo | 1993-99 | RPF 2068 | 215mm | 1 | |
| Punto 1.8 HGT | 1999--> | RPF 2077 | 215mm | 1 | 3.4 |
| FORD | | | | | |
| Escort 1.6 Turbo | 1984--90 | RPF 1101 | 215mm | 1 | 3.3 |
| Sierra Cosworth | 1986--93 | RPF 1102 | 240mm | 1 | 4.6 |
| Escort Cosworth | 1992--96 | RPF 1102 | 240mm | 1 | 4.6 |
| Puma 1.7ltr | 1997--04 | RPF 1103 | 215mm | 1 | 3.4 |
| Pinto 2.0ltr | 1973--> | RPF 1104 | 215mm | 1 | |
| Duratec 2.0ltr | 1998--> | RPF 1105 | 240mm | 1 | |
| Zetec 2.0ltr | 1995--98 | RPF 1106 | 240mm | 1 | |
| HONDA | | | | | |
| 1.6 / 1.8 DOHC Vetec | 1990--01 | RPF 1681 | 215mm | 1 | 3.4 |
| S 2000 | 1999--> | RPF 1581 | 212mm | 1 | 3.6 |
| Civic Type 'R' | 2001--> | RPF 1683 | 215mm | 1 | |
| LOTUS | | | | | |
| Elise 1.8 ltr | 1996--> | RPF 2758 | 215mm | 1 | 3.4 |
| Elise 1.8 ltr (Fitted 184mm Racing Clutch) | 1996--> | RPF2759 | 184mm | 1 | 3.4 |
| MGB | | | | | |
| 1.8ltr std | 1969-80 | RPF 6801 | 215mm | 1 | 4.1 |
| 1.8 ltr (184mm clutch) (Fitted 184mm Racing Clutch) | 1969-80 | RPF 6807 | 184mm | 1 | 4.1 |
| MGF 1.8 Ltr | | RPF 2758 | 215mm | 1 | 3.4 |

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MINI (BMW)

| | | | | | |
|-----------------|---------|----------|-------|---|-----|
| Mini Cooper | 2001-04 | RPF 1770 | 200mm | 1 | 3.7 |
| Mini Cooper 'S' | 2002-06 | RPF 1779 | 215mm | 1 | 5.2 |

MITSUBISHI

| | | | | | |
|----------------------|----------|----------|-------|---|-----|
| Lancer Evo 4, 5 & 6 | 1996--01 | RPF 2000 | 230mm | 1 | 4.3 |
| Lancer Evo 7 / 8 & 9 | 2001-08 | RPF 2001 | 240mm | 1 | 4.8 |
| Lancer Evo 10 | 2009→ | RPF 1001 | 250mm | 1 | 3.6 |
| 3000 GT / GTO Turbo | | RPF 1301 | 250mm | 1 | 4.8 |

NISSAN

| | | | | | |
|-------------------------|-----------|----------|-------|---|-----|
| Primera / Almera 2.0ltr | 1993--02 | RPF 3201 | 215mm | 1 | 3.9 |
| Sunny GTiR Turbo | 1992--95 | RPF 3221 | 240mm | 1 | 4.5 |
| Pulsar 2. 0ltr Turbo | | | | | |
| 300ZX Twin Turbo | 1990--94 | RPF 3331 | 250mm | 1 | 5.2 |
| 350Z (Eng:- VQ35DE) | 2003-2006 | RPF 3143 | 250mm | 1 | 6.5 |
| 350Z (Eng:- VQ35HR) | 2006-2009 | RPF 3144 | 250mm | 1 | 6.5 |
| 370Z (Eng:- VQ37) | 2009→ | RPF 3144 | 250mm | 1 | 6.5 |

PEUGEOT

| | | | | | |
|-------------------|----------|----------|-------|---|-----|
| 205 1.6 & 1.9 ltr | 1984--90 | RPF 1110 | 200mm | 1 | 3.5 |
| 205 1.9 ltr | 1990--94 | RPF 1112 | 200mm | 1 | 3.6 |
| 205 1.6 & 1.9 ltr | 1984--90 | RPF 1111 | 215mm | 1 | 3.6 |
| 205 1.9ltr | 1990--94 | RPF 1113 | 215mm | 1 | 3.7 |
| 106 1.6ltr 16v | 1993--00 | RPF 1061 | 200mm | 1 | 2.9 |
| 106 1.6ltr 16v | 2000--> | RPF 1062 | 200mm | 1 | 2.9 |

PORSCHE

| | | | | | |
|------------|----------|----------|-------|---|--|
| 911 3.0Ltr | 1978--79 | RPF 9991 | 225mm | 1 | |
| 911 3.0Ltr | 1980--83 | RPF 9421 | 225mm | 1 | |
| 911 3.2Ltr | 1983--86 | | 225mm | 1 | |

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PORSCHE (cont)

| | | | | |
|-------------------|----------|----------|-------|-------|
| 944 2.5ltr | 1981--90 | RPF 9001 | 225mm | 1 2.7 |
| 944 2.5 ltr Turbo | 1985--92 | RPF 9441 | 240mm | 1 |
| 944 S2 3.0ltr | 1990--92 | RPF 9002 | 225mm | 1 |
| 968 3.0ltr | 1992--96 | RPF 9681 | 240mm | 1 5.2 |

ROVER

| | | | | |
|----|----------|--|-------|--|
| V8 | 1976--86 | | 240mm | |
|----|----------|--|-------|--|

SUBARU

| | | | | |
|------------------------------------|---------|----------|-------|-----|
| Impreza 2.0ltr Turbo & WRX Ø 230mm | 1993--> | RPF 1221 | 230mm | 4.3 |
| Imprezza WRX Sti | 2002--> | RPF 1223 | 240mm | 4.3 |

TOYOTA

| | | | | |
|------------------|----------|----------|-------|-------|
| 1.6 Corolla | 1987--89 | RPF 1851 | 200mm | 1 3.6 |
| 1.6 Corolla | 1989--97 | RPF 1891 | 215mm | 1 4.1 |
| Celica GT4 Turbo | 1988--96 | RPF 1331 | 235mm | 1 4.5 |
| IS200 / Altezza | 1998 --> | RPF 1332 | 225mm | 1 |
| Supra Twin Turbo | 1993--98 | RPF 1661 | 250mm | 1 7.3 |

VAUXHALL

| | | | | |
|----------------------|----------|----------|-------|-------|
| Astra 2.0ltr GTE 16v | 1988--91 | RPF 8011 | 228mm | 1 3.2 |
| Astra 2.0ltr 16v | 1991--98 | RPF 8022 | 228mm | 1 3.4 |
| Calibra 2.0ltr Turbo | 1992--96 | RPF 8021 | 228mm | 1 3.4 |
| Nova 1.6ltr | 1988-93 | RPF 8032 | 200mm | 1 3.2 |
| Corsa 1.6ltr | 1993-00 | RPF 8033 | 200mm | 1 3.3 |

VOLKSWAGEN

| | | | | |
|-----------------|---------|----------|-------|-------|
| Corrado VR6 | 1991-95 | RPF 7281 | 228mm | 1 2.8 |
| Golf Mk3 VR6 | 1994-99 | | | |
| Golf 2.0ltr Gti | 1992-98 | RPF 7491 | 228mm | 1 3.2 |
| Corrado G60 | 1992-96 | | | |